

Senior Citizen Nutrition Program **Bakersfield Senior Center Menu June 2024**

530 4th Street, Bakersfield, California 93304

Dining Hall will be Open Monday – Thursday from 9:00 am to 3:00 pm, Friday 9:00am – 1:00pm

RESERVATIONS MUST BE MADE 24 HOURS IN ADVANCE, NO SAME DAY ORDERING

FOR RESERVATIONS CALL 661-230-5957 (NEW RESERVATION NUMBER) –

LEAVE YOUR NAME & TELEPHONE NUMBER.

*****Menus are subject to change without prior notice*****

LUNCH SERVED 11:15 – 11:45AM

REMEMBER IF YOU RESERVE MEALS AND CAN NOT PICK THEM UP, PLEASE CALL AND CANCEL 24 HOURS IN ADVANCE OR YOU WILL BE CHARGED FOR THE MEALS.

PLEASE FILL YOUR SLIP OUT AND RETURN IT. THE DAYS WE HAVE FISH OR RIBS, THE COST IS \$5, YOU MUST RESERVE LUNCH 48 HOURS IN ADVANCE 661-230-5957.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Chicken Teriyaki Cabbage/Carrots Rice Fruit Milk	4 Beef & Gravy Mashed Potatoes Broccoli Yeast Roll Fruit/Milk	5 Baked Chicken Brussel Sprouts Mac & Cheese Fruit/Milk	6 Spaghetti Peas Garlic Bread Fruit Milk	7 Chef Salad Carrot Sticks Fruit Milk
10 Turkey Breast & Gravy Rice/Spinach Fruit/Milk	11 Taco Soup W/ Chips Salad Fruit/Milk	12 Fried Chicken Zucchini Beet Salad Fruit/Milk	13 Pasta Carbonara Garlic Bread Green Peas Fruit/Milk	14 Turkey Sandwiches Chips Fruit
17 Lasagna 5-Way Vegetables Garlic Bread Fruit Milk	18 Chicken Tacos Pinto Beans Fruit Milk	19 Smoke Sausage & Cabbage Blackeye peas Yams/Corn bread Fruit/Milk	20 Green Chili Enchilades Salad Spanish Rice Fruit/Milk	21 Fish Cucumber Salad Green beans Fruit Milk \$5
25 Baked Chicken Mac & Cheese Cabbage Fruit/Milk	26 Taco Salad & Shell Fruit Milk	27 Cheeseburgers Fries Fruit Milk	28 Meatloaf & Gravy Potatoes Peas & carrots Fruit/Milk	29 Shrimp Alfredo Broccoli Garlic bread Fruit Milk \$10
1 Chicken Quesadilla Guacamole Salsa Fruit/Milk	2 Spaghetti Broccoli Rolls Fruit Milk	3 Chicken Pasola W/Chips Salad Refried Beans Fruit/Milk	4 Fourth Of July	5 Chicken Alfredo Green Peas GarlicBread Fruit/Milk

Suggested Senior Contribution \$3.00 (60 and over)

Cost for Non-Seniors (59 and under) \$6.00

“No Eligible participant will be denied service because of a Failure or Inability to contribute.”

Nutrition Lunch Program Sponsored By KCAASD

=====SPECIAL MEALS ARE SEPARATE FROM THE SENIOR PROGRAM=====

Denise Bert June 20th
 Colby Burton June 19th
 Linda Corbett June 19th
 Regina Carter June 12th
 Annette Cook June 20th
 Emma Cole June 18th
 Lillian Espinoza June 28th



Dorothy Monarrez June 8th
 LaDonna Norwood June 11th

Barbara Perkins June 16th
 Orval Walker June 15th

Catherine Ward June 12th
 Harvey Warren June 6th
 Frances Young June 26th

REMEMBER!! If your birthday is in the month of June your membership must be current to participate