

Senior Citizen Nutrition Program **Bakersfield Senior Center Menu May 2024**
 530 4th Street, Bakersfield, California 93304

Dining Hall will be Open Monday – Thursday from 9:00 am to 3:00 pm, Friday 9:00am – 1:00pm

RESERVATIONS MUST BE MADE 24 HOURS IN ADVANCE, NO SAME DAY ORDERING

FOR RESERVATIONS CALL 661-230-5957 (NEW RESERVATION NUMBER) –

LEAVE YOUR NAME & TELEPHONE NUMBER.

*****Menus are subject to change without prior notice*****

LUNCH SERVED 11:15 – 11:45AM

REMEMBER IF YOU RESERVE MEALS AND CAN NOT PICK THEM UP, PLEASE CALL AND CANCEL 24 HOURS IN ADVANCE OR YOU WILL BE CHARGED FOR THE MEALS.

PLEASE FILL YOUR SLIP OUT AND RETURN IT. THE DAYS WE HAVE FISH OR RIBS, THE COST IS \$5, YOU MUST RESERVE LUNCH 48 HOURS IN ADVANCE 661-230-5957.

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|---|---|
| 29 Hamburger & Gravy Green beans Rice Fruit | 30 Baked Chicken Potato Salad Green Peas & Carrots/ fruit | 1 Catalina Nachos Kidney Beans Fruit | 2 Turkey Breast & Gravy Dressing/Yams Mustard greens Fruit | 3 Beef Enchiladas Spanish Rice Pinto Beans Fruit |
| 6 Meatloaf & Gravy Rice Brussel Sprouts Fruit | 7 Chicken Tacos Carrot Sticks Fruit | 8 Beef Stew Corn bread Fruit | 9 Spaghetti Broccoli Garlic Bread Fruit | 10 Ribs Greens/ Black eye peas/Mac & Cheese corn bread Fruit /\$10 |
| 13 Baked Chicken w/Mushroom Soup Rice Peas & Carrots Fruit | 14 Taco Soup W/ chips Salad Fruit | 15 Fried Chicken Macaroni Salad Green beans Fruit | 16 Sausage & Cabbage Mac & Cheese Corn bread Fruit | 17 Fish Southwest Salad Fruit \$5 |
| 20 Hamburger & Gravy Green beans Rice Fruit | 21 Baked Fried Chicken Brussel sprouts Corn Fruit | 22 3 Bean Chili Salad Fruit | 23 Salmon Croquet Greens Beet Salad Corn bread/ fruit | 24 BBQ Chicken Baked beans. Mac & Cheese Fruit \$5 |
| 27 MEMORIAL DAY | 28 Black bean Enchiladas Spanish Rice Fruit | 29 Turkey Sandwiches Chips Fruit | 30 Spaghetti Green Peas Garlic bread Fruit | 31 Southwest Salad Fruit |

Suggested Senior Contribution \$3.00 (60 and over)

Cost for Non-Seniors (59 and under) \$6.00

“No Eligible participant will be denied service because of a Failure or Inability to contribute.”

Nutrition Lunch Program Sponsored By KCAASD

=====SPECIAL MEALS ARE SEPARATE FROM THE SENIOR PROGRAM=====

Happy Birthday May

Carolina Acosta May 22nd
Cora Capers May 6th
Barbara Cruise May 5th

Matthew Cruise May 1st
Florine Deyein May 11th
Gayle Dixon May 29th



May James May 20th
Jerry Johnson May 17th
Sharon Lamb May 2nd

Barbara Marzett May 12th
Gloriah McDonald May 18th
Luvenia Wilson May 3rd
Jesse Stephenson May 25th

Have a Blessed Birthday!
From the Bakersfield Senior Center

REMEMBER!! If your birthday is in the month of May
 your membership must be current to participate.