

Senior Citizen Nutrition Program **Bakersfield Senior Center Menu March 2023**
 530 4th Street, Bakersfield, California 93304

Dining Hall will be Open Monday – Thursday from 9:00 am to 3:00 pm, Friday 9:00am – 1:00pm

**RESERVATIONS MUST BE MADE 24 HOURS IN ADVANCE, NO SAME DAY ORDERING
 FOR RESERVATIONS CALL 661-230-5957 LEAVE YOUR NAME & TELEPHONE NUMBER.**

Lunch served from 11:15am – 11:45am T0-GO Lunch Available from 11:45-12noon

*****Menus are subject to change without prior notice*****

REMEMBER IF YOU RESERVE MEALS AND CAN NOT PICK THEM UP,
 PLEASE CALL AND CANCEL 24 HOURS IN ADVANCE

**THE DAYS WE HAVE FISH OR RIBS, THE COST IS \$5, YOU MUST RESERVE LUNCH 48 HOURS IN
 ADVANCE**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
27 Cheeseburgers Chips Fruit	28 Fried Fish Blackeye Peas Yams Fruit \$5	1 Chili Cheese Baked Potatoes Green Salad Fruit	2 Chicken Burrito Pinto Beans Salad Fruit	3 Cabbage & Sausage Corn Bread Fruit
6 Chicken Fried Steak & Gravy Rice Broccoli Fruit	7 Smoked Chicken Greens Macaroni & Cheese Corn Bread Fruit	8 Turkey breast stuff w/dressing & Gravy Cabbage Yams Fruit	9 Neckbones Cabbage Blackeye Peas Corn Bread Fruit \$10	10 Taco Soup Salad Fruit
13 Lasagna Corn Salad Fruit	14 Oven Baked Chicken Dirty Rice Broccoli Fruit	15 Meat Loaf & Gravy Mashed Potatoes Corn Fruit	16 Chicken Wing Parts Green Salad Fruit	17 Three Bean Chili Spinach Corn Bread Fruit
20 Beef Stew Cornbread Fruit	21 Polish Sausage Sandwich Chips Fruit	22 Fish French Fries Salad Fruit \$5	23 Stuff Baked Potato W/ Broccoli & Cheese Corn Fruit	24 Cheeseburgers French Fries Fruit
27 Taco Salad Catalina Corn Fruit	28 Fried Chicken Pinto Beans Greens Corn Bread Fruit	29 Enchiladas Salad Fruit	30 Turkey Wings White Beans Cabbage Cornbread Fruit	31 Red Beans & Sausage Rice Broccoli Fruit

Suggested Senior Contribution \$3.00 (60 and over)

Cost for Non-Seniors (59 and under) \$6.00

“No Eligible participant will be denied service because of a Failure or Inability to contribute.”

Nutrition Lunch Program Sponsored By KCAASD

*****SPECIAL MEALS ARE SEPARATE FROM THE SENIOR NUTRITION PROGRAM*****

Happy Birthday March

Larry Parker March 2nd
 Donna Ward March 4th
 Marvin Edwards March 5th
 Rachel Hubbert March 9th
 George Burrell March 16th
 Bernard Anthony March 20th



Chris Gutierrez March 21st
 Sandra Johnson March 22nd
 Lupe Gomez March 25th
 Walter Mary Walker
 March 27th
 Ralph Anthony March 29th

Have a Blessed Birthday!
 From the Bakersfield Senior Center

REMEMBER!! If your birthday is in the month of March
 your membership must be current to participate.